

LESSON 1 TEACHING OUTLINE
SEPTEMBER 6, 2026

FAMILY THEME

The Foundation of Scripture

STUDY TEXT

2 TIMOTHY 3:16; 2 PETER 1:20-21

Connect

VIDEO: Show this video which explains that many people develop confidence in the reliability and authority of Scripture through their encounters with the teachings of Jesus (tinyurl.com/D6Taking).

CONVERSATION STARTER: Ask your group: *What is the difference between saying, “Everything in the Bible is true” and “Everything the Bible affirms is true”?* Explain that Scripture sometimes records false statements accurately as part of historical events or conversations.

CULTURAL MOMENT: The American Bible Society’s *State of the Bible* research shows that Bible engagement directly correlates with human flourishing. People who read, study, or listen to the Bible four or more times each week rate significantly higher in factors related to human flourishing.

Teaching the Truth

BIG IDEA 1: Scripture Claims to Be the Word of God
Hebrews 1:1; Deuteronomy 4:2; Proverbs 30:5-6)

Live It Out: Recognize Scripture as God’s Word and intentionally prioritize it in your daily decisions this week.

- *What makes the Bible different from every other book ever written? Why does it matter whether the Bible truly comes from God?*
- *What voices or influences compete with Scripture for authority in people’s lives today?*

Live It Out: Identify one area of life where you need to submit more fully to the authority of Scripture.

- *What evidence or truth most strengthens your confidence that the Bible is the Word of God?*
- *How does Jesus’ view of Scripture shape the way Christians should approach the Bible today?*

Encourage learners to memorize the Family Scripture of the Month (**Hebrews 4:12**) along with family members.

Pass out copies of the AH 1-2 *Adult Member Outline* and display the AH 1-3 (*The Bible*) poster.

BIG IDEA 2: Scripture Is Breathed Out by God
(2 Timothy 3:16; 1 Thessalonians 2:13)

Live It Out: Recognize that Scripture comes from God and approach His Word with greater trust, reverence, and obedience this week.

- *What does it mean that Scripture is “God-breathed”?*
- *Why is it important that God worked through human authors while guiding the writing of Scripture?*
- *How does understanding Scripture’s divine source affect the way believers should approach the Bible?*
- *What dangers arise when people treat Scripture as merely human opinion?*

BIG IDEA 3: The Holy Spirit Guided the Writing of Scripture
(2 Peter 1:20–21)

Live It Out: Spend time this week reading Scripture with confidence that the Holy Spirit faithfully revealed God’s truth.

- *Why does fulfilled prophecy strengthen confidence in the truthfulness of Scripture?*
- *How does understanding the Holy Spirit’s role in Scripture affect the way believers read the Bible?*

Live It Out: Identify one area where you need to trust and follow Scripture more fully in your daily life.

- *How should confidence in the trustworthiness of Scripture affect the way believers live?*
- *Why does it matter that Christians believe the Bible is truthful in all that it affirms?*

Respond

REFLECTION: Since God valued communicating truth to us so deeply, how should we value, trust, and respond to Scripture? What does that look like in our daily lives?

FAITH AT HOME: Encourage group members to establish habits of Scripture reading and discussion at home. *D6 Discipleship Journals* provide practical ways for families to do this.

TRUTH IN ACTION: Encourage learners to identify one thought, attitude, behavior, or habit of theirs that does not align with the teaching of Scripture. Challenge them to bring that area under the authority of God’s Word and take one practical step toward obedience this week.

Distribute copies of *As You Go* (AYG-1) and encourage your learners to complete the daily devotions in their *D6 Discipleship Journals* this week.